

# KIMIHIA KHRONICLE

The official newsletter of Kimihia Home & Hospital - Huntly



*Cheers to our new resident for the month of March*

- Terence McMillan



*Condolences to the whanau of residents who have passed:*

- Lorna Thompson
- Allan Tapp
- Malcolm Hunter
- Major Herewini

## Trainings Done

- Dementia Education
- Fire Safety
- Gerontology & Wound Care
- Communication
- Moving and Handling
- First Aid Training
- Advanced Care Planning

## Trainings Coming

- Age Concern
- Infection Control
- Financial Wellness



## Good Times & Good Scores!

In March, we had a bowling session at SkyCity Hamilton, which was a great way for our residents to stay active and socialize. They enjoyed a nice meal after. With the cool weather coming along, the DT team will be taking advantage of indoor activities like these for outings.



## Clinical Updates

[clinical.leader@kimihia.co.nz](mailto:clinical.leader@kimihia.co.nz)  
[unit.coordinator@kimihia.co.nz](mailto:unit.coordinator@kimihia.co.nz)



### COVID BOOSTER & FLU VACCINE

Starting 5<sup>th</sup> of April (Saturday), whanau or representatives of residents can start to sign waivers for the upcoming vaccines.

Please look for the Registered Nurse on duty when you come in.



## The Colours of Autumn

Kimihia residents had a wonderful time painting and creating during our fall art activity. #AutumnAtHome #ArtTherapy





## Making the Most of Every Day: Activities in March



**Workshop on Bees by Marcel & Sons**



**Gardening and Enjoying the Sun**



**Wool Spinning Demo by Georgie W.**



**Afternoon Outing at Lake Hakanoa**



**Daily Exercise and Games at Hospital**



**Ladies' Day Out at Wairere Gardens**

Aside from these, we have daily activities like baking, art projects, monthly Bunnings workshop, Men's Group Outing, and regular van rides. These activities are designed to improve physical and mental health, and promote independence and social engagement, ultimately contributing to a higher quality of life.

### March Birthday Celebration



**FRANCIS**

**BOBBIE**

**PETER**

**GENE**

**JOE**

### Baking



### Bunnings Workshop



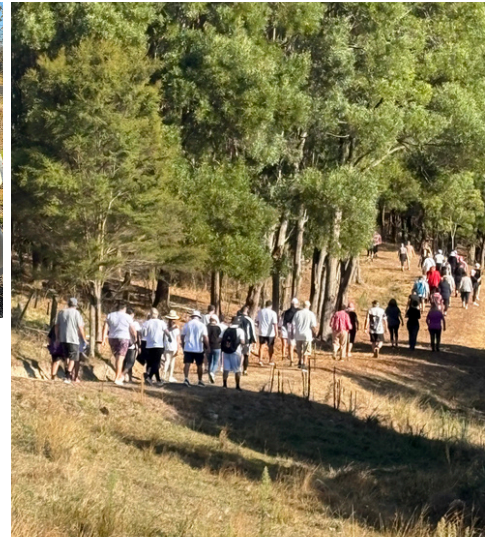


## Kimihia Fun Walk for a Cause is a Success!

'Friends of Kimihia Trust' organized their first ever **Sunday Fun Walk** last 16<sup>th</sup> of March at the trail around Kimihia Lake which is under the care of "Kimihia Lakes Restoration and Development". Around 100 people showed up and there was a general interest in the area as it is not usually open to the public. Whanau of some of our residents also gathered in matching shirts or wearing color purple (to represent dementia). Special thanks to the sponsors- Lion Club of Huntly, Genesis Energy, The Bookshop Huntly, Haven Funeral Services, Les Kosoof and Sons, The Meat Co Huntly, Four Square Huntly, Trisha Thompson, Anne Beadle, and Denise Holland.



Lots of spot prizes from sponsoes were given away to participants.



## Grant Given by Harcourts Foundation

We are grateful to the Harcourts Foundation, for a grant recently given to Kimihia Home through the Friends of Kimihia Trust. The grant was used to purchase a sub cut pump to keep residents comfortable towards the end of their life. Special thanks to Dallas Hodge and the team from Riverlands Harcourts in Huntly, who handed-over the check.



## New Staff

Let us welcome our new staff in Kimihia Home:

**LYNDA Lang**  
Sr. HealthCare Asst.

**GILLIAN Bautista**  
Registered Nurse

**JENNIFER Diwag**  
Household Services